

# RENAISSANCE CLIMATE AND CULTURE IDEA #112: JUST CHECKING IN CARDS

**School type:**

Middle School, High School

**Activity goal:**

Encourage students to check in on each other

**Prep time:**

N/A

**People required:**

N/A

**Space requirements:**

N/A

**Timing:**

Throughout the year

**Materials:**

“Just Checking In” Cards

**Cost:**

\$2.00 per pack of 100  
or print on your own

**Submitted by:**

Jostens Renaissance Education

## OVERVIEW

Students are often the first to know when another student is having a rough day or could use a little extra attention. These cards give them an excuse to check in on each other in a fun way.

## INSTRUCTIONS

1. Obtain a pack of “Just Checking In” Cards at [JostensRenaissance.com/store](https://JostensRenaissance.com/store), or use the blackline masters to make copies on cardstock in your school color.
2. Talk with staff about how the passes are used. Create a climate where students feel that checking in on each other is welcomed and affirmed, and where it’s expected to pass on that concern to someone else who needs it.
3. Have students initial the pass and hand it to someone else, and the next person does the same, to make sure the checking in is “paid forward.”

## ADDITIONAL OPPORTUNITIES

Consider having the last student to initial it sign their name on the back and place it in a bowl in the office for a prize or a drawing for a prize. A pizza party or other food reward where students can invite other students to participate would be a good incentive to them (and their peers).